



**2010 WA State & Selections Taekwondo Championship  
Saturday 7<sup>th</sup> August & Sunday 8<sup>th</sup> August 2010**

***Kwinana Recreation & Leisure Centre, (Kwinana Recquatic),  
Corner Gilmore Avenue & Chisham Avenue, Kwinana WA***

Taekwondo Western Australia Inc is hosting the 2010 WA State & Selections Taekwondo championships on Saturday 7<sup>th</sup> and Sunday 8<sup>th</sup> August 2010 at the Kwinana Recreation and Leisure Centre (Kwinana Recquatic). This invitation is extended to all TWA registered Head Instructors, their member clubs and members to participate in this annual event and come together to meet in friendly tournament competition. These championships will select the players (1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> placing) for the Taekwondo Australia Nationals being held in Canberra, ACT from 21<sup>st</sup> to 24<sup>th</sup> October 2010.

We expect a participation of up to 300 competitors for sparring & poomsae (patterns) competitions. The application entry forms for sparring and poomsae competitions are enclosed. All entry fees must be included with the entry forms. Please make certain that all necessary details and signatures are completed, in particular the sports insurance declaration and verification.

**Late entries cannot be accepted.**

The closing date for entries will be Friday 23<sup>rd</sup> July 2010 (ie must be received by this date)  
Please send all entry forms and fees to:

**for sparring competition:**

**for poomsae competition:**

**Kim Seng, 22 Carina Circle, Mandurah, WA 6210**

Please make separate cheques or postal money orders for poomsae & sparring and send with the appropriate entry forms. Make all cheques payable to **Taekwondo WA** and allow at least 2 days for the posting of your club's entries so they arrive in time.

Note that you must be registered as a Taekwondo Australia member (and resident of WA) to be eligible for selection as a WA representative for the Taekwondo Australia Nationals. All players must complete the required entry form and pay the entry fees to be considered for selection, including those black belts who would be out of the state at the time of the state selections.

This package includes the outline programme of events scheduled for the 2 days, and a simplified guide map on how to get to the venue there. Please call if you have any queries.

**ENQUIRIES:**

***Kim Seng***

Sparring entries:

Telephone: 9581 2865 or 0403 431 688

***Raffaele Direnzo***

Poomsae entries:

Telephone: 9388 0166



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Date: **Saturday 7<sup>th</sup> August & Sunday 8<sup>th</sup> August 2009**

Venue: **Kwinana Recreation & Leisure Centre, (Kwinana Recquatic)  
Corner Gilmore & Chisham Avenue, Kwinana WA.**

Weigh-in: **Saturday 7<sup>th</sup> August:-**

At the ATI gym, Unit 7, 1924 Beach Road, Malaga, 9:00 am to 11:00 am  
At Kwinana Recreation & Leisure Centre; 2 pm to 4 pm

**Sunday 8<sup>th</sup> August:-**

Kwinana Recreation & Leisure Centre; 8:15 am – 9 am

***All Competitors must present identification check at the weigh-ins***

Poomsae: Saturday 7<sup>th</sup> August: 1:30 pm to 5:00 pm approx time schedule

Sparring: Sunday 8<sup>th</sup> August: Juniors: u10, u12, u14: 9.00 am – 12:30 pm  
Seniors: u18, open & veterans: 1.15 pm - finish

Lunch: From approx 12:30 pm to 1.00pm approx

Player entries: \$35 for sparring  
\$30 for poomsae 1<sup>st</sup> event (\$10 less if entered in sparring as well)  
\$15 for each additional poomsae event.  
*Closing date: Friday 23<sup>rd</sup> July 2010 (received date by organisers).*

Spectator entries: Saturday: \$4 adult; \$2 child (u18 yrs); \$10 family (2 adults + 2 children).  
Sunday: \$10 adult; \$5 child (u18 yrs); \$25 family (2 adults + 2 children).

Protectors & Guards: Players are to provide their own protectors:  
Compulsory protectors: Trunk protectors (full coloured, no circles), head guards; arm guards, shin guards, groin guards and white coloured or clear mouth guards. Hand protector gloves (white coloured, 1<sup>st</sup> finger joints fingers exposed) for u18, open and veteran black belts  
Optional protectors: White coloured in-step foot protectors (toes exposed); White coloured hand protectors (1<sup>st</sup> finger joints exposed) for u10, u12, u14 all belts and u18, open and veteran coloured belts.

*All players must have their nails cropped and no jewellery or attachments are allowed during competition.*

Enquires: Sparring competition entries: Kim Seng: 9581 2865 or 0403 431 688  
Poomsae competition entries: Raffaele DiRenzo: 9388 0166



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**How to get there**

